

La Graziosa

the graceful cookie ®

**Nutritional Information**

Serving Weight - Grams	Calories	Calories from Fat	Fat (g)	% DV Fat	Saturated Fat (g)	% DV Saturated Fat	Trans Fat (g)	Cholesterol (mg)	% DV Cholesterol	Sodium (mg)	% DV Sodium	Carbohydrates (g)	% DV Carbohydrates	Dietary Fiber (g)	% DV Dietary Fiber	Total Sugars (g)	Protein (g)	% DV Vitamin A	% DV Vitamin C	% DV Calcium	% DV Iron
<b>Preservative Free - - No Artificial Colors or Flavors - - No Trans Fats - - No Hydrogenated Oils</b>																					

**Cookie**

Cherry Walnut Chocolate Chip	24	110	45	5	8	2.5	12	0	15	5	70	3	15	5	1	4	10	1	4	0	2	4
Chocolate Chip	24	110	50	6	9	3.5	17	0	15	5	85	4	16	5	1	3	10	1	2	0	0	4
Ginger Snap Molasses	24	100	25	3	5	2	9	0	15	4	125	5	18	6	1	2	10	1	2	0	2	4
Meyer Lemon	31	140	45	5	8	4	19	0	20	7	65	3	22	7	0	0	13	2	2	0	2	4
Mint Chocolate Chip	24	110	45	5	8	3	16	0	15	6	70	3	16	5	1	2	10	1	2	0	0	4
Oatmeal Raisin	24	100	30	3.5	5	2	9	0	15	5	65	3	17	6	1	3	10	2	2	0	0	4
Orange Dreamsicle	31	140	45	5	8	4	19	0	20	7	65	3	22	7	0	0	13	2	2	0	2	4
Peanut Butter Zebra	31	150	80	9	13	4.5	23	0	15	5	125	5	18	6	1	4	11	3	2	0	2	4
Snicker Doodle	24	100	25	2.5	4	1.5	7	0	15	6	50	2	18	6	0	0	11	1	2	0	0	2
White Chocolate Chip & Macadamia	24	120	60	7	11	3.5	17	0	15	5	80	3	14	5	0	0	9	1	2	0	2	2
Ginger Diamond	32	150	50	6	9	4.5	22	0	15	6	115	5	22	7	0	0	12	2	2	0	2	4
Raspberry Almond Thumbprint *	40	200	100	11	17	5	27	0	20	7	60	3	23	8	1	4	10	3	6	0	2	6
Russian Tea Cakes *	21	110	70	8	12	3	16	0	10	4	30	1	10	3	1	2	4	2	2	0	0	2
Graceful Tea Cakes *	23	120	70	8	12	4	20	0	10	4	30	1	11	4	0	0	6	1	2	0	2	2
Decorated Holiday Cookie	35	150	60	7	10	4.5	22	0	25	9	90	4	20	7	0	0	9	2	4	0	2	4

**Biscotti**

Anise	28	150	50	5	8	2.5	13	0	25	9	115	5	25	8	1	4	12	2	4	2	4	4
Orange dipped Dark	35	210	90	10	15	6	28	0	30	10	130	5	28	9	1	5	14	3	4	2	6	8
Lemon dipped White	35	210	90	10	15	6	28	0	30	10	130	5	28	9	1	5	14	3	4	2	6	8
Orange Cranberry Pistachio	28	150	50	5	8	2.5	13	0	25	9	115	5	25	8	1	4	12	2	4	2	4	4
Mocha Chocolate Chip	28	150	50	5	8	2.5	13	0	25	9	115	5	25	8	1	4	12	2	4	2	4	4
Orange	28	150	50	5	8	2.5	13	0	25	9	115	5	25	8	1	4	12	2	4	2	4	4

Small Cookie ( 1 serving) - Medium Cookie ( 2 servings) - Large Cookie ( 3 servings)

2 Small Biscotti ( 1 serving) - 1 Large Biscotti ( 1 servings)

\* = only one size cookie (per cookie)

% DV = Percent Daily Values (DV) are based on a 2000 calorie diet